



Alps25 emergency medication held by event medical team

This document details the emergency medication that will be held by the Alps25 medical team in the event of an attendee needing treatment. It is not for general use by participants, any regular medication needed must be provided by participants themselves, this includes items such as painkillers and antihistamines.

Please note that this list is not exhaustive and brand names may not always be available, especially if sourcing whilst in France.

- Salbutamol nebuliser (Asthma)
- Ipratropium Bromide nebuliser (Asthma)
- Oxygen
- Adrenaline 1:1000 (Anaphylactic shock)
- Aspirin
- GTN spray (ANGINA)
- Strepsils (Throat lozenges)
- Lemsip (Cold & Flu remedy)
- Pseudoephedrine Hydrochloride (Sudafed/Decongestant)
- Paracetamol tablet and suspension
- Ibuprofen tablet and suspension
- Codeine/Co-Codamol
- Heat spray
- Cold spray
- Loratadine (Antihistamine)
- Cetirizine (Antihistamine)
- Mepyramine Maleate 2% cream (Anthisan, bite/sting relief)
- Chloramphenamine Maleate (Antihistamine)
- Hydrocortisone cream
- Dioralyte/Oral Rehydration Salts
- Loperamide Hydrochloride (Imodium)
- Gaviscon chewable tablets or liquid (Antacid)
- Glucose oral gel
- Glucagon injection (Diabetes)
- Sodium Chloride 0.9% (Wound cleaning, eye wash etc)
- Magnesium Sulphate (Drawing-out paste)