



## Newsletter #2 - January 2022

Welcome to our Alps22 newsletter for participants, parents and supporters of '**Alps22 - Jamboree in the Mountains**'

Read on for all the latest event and planning news as we countdown to August 2022.



## White Water Kayaking

We're excited that all our Alps22 participants will be able to enjoy kayaking sessions on nearby lakes and flat water stretches of the river Durance.

However, to be able to go **White Water Kayaking** in the Alps, you must demonstrate sufficient competence on the water, to enable our instructors to quickly develop the extra skills you need to be safe on **white water**.

The ways of doing this are:

- Successful completion of one of our 2-day kayak training sessions;
- Be a current British Canoeing Paddlesport Instructor or equivalent or higher with recent practical experience;
- Produce other evidence that you have met the standards. While a British Canoeing Discover or Explore Award will be highly relevant if you have continued to paddle since gaining the award, we will need to talk to you and may have to ask you to demonstrate your skills to confirm that you are at the level of our course.

Training sessions will be taking place as follows:

2 days between 9<sup>th</sup> and 24<sup>th</sup> April (Newbury or Wokingham)

Unit Leaders will be sent a link to distribute to participants to book their place.

For Scout Network please contact us at [alps22@berkshirescouts.org.uk](mailto:alps22@berkshirescouts.org.uk) .



# Hillwalking

To be able to go on the more challenging high-level routes in the Alps, you must demonstrate that you are sufficiently fit and knowledgeable about the kit required. The ways of doing this are:

- Complete one of our hillwalking training sessions ;
- Complete a QSA/ CS Diamond or Platinum Award expedition or D of E qualifying expedition on foot.
- Produce other evidence that you have been walking all day in hilly or mountainous or rough terrain carrying a reasonable load.
- Note: You need to be able to walk around 20km a day in walking boots and carry a minimum of around 10kg in your rucksack. This includes your waterproof jacket and trousers, spare clothing, first aid kit, food and water.

Training will take place on a Hillwalking weekend - 5<sup>th</sup> or 6<sup>th</sup> March in the Ridgeway.

Unit Leaders will be sent a link to distribute to participants to book their place. For Scout Network contact us at **[alps22@berkshirescouts.org.uk](mailto:alps22@berkshirescouts.org.uk)** .

# Alps22 Carbon neutral challenge



As Scouts, part of our ethos is to “leave the world a little better than we found it”. We are now more aware of the impact of our activities and travels in relation to **Global Warming**. So what measures can we put in place to ensure we enjoy a great camp abroad, whilst still doing our part to help the planet?

We would like our "**Jamboree in the Mountains**" to be as environmentally friendly as possible and ideally offset the **Carbon Footprint** our travels will generate.

To help toward this goal we are looking for enthusiastic and creative Scouts, Explorers, Network Members and Leaders to join our **Green Champions Team**.

## **Sounds good but what's involved?**

We'd like our Green Champions to work towards increasing awareness of the 7rs of Sustainability within our Scouting Community. This might include initiatives such as:

- how we can make our camp and training events less harmful to the environment;

- how can everyone involved in the event be part of the solution and not add to the problem;
- how to raise awareness that small changes can make a big impact within our Scouting community. For example changes such as saying no to plastic straws or buying bamboo toothbrushes can gather momentum pretty quickly. Could we encourage our sections and families to say no to other things or promote significant reductions in plastic waste or identify sustainable alternatives?
- creating some programme ideas on the subject and about France, so our scouting sections can participate in an Alps22 evening and feel part of our adventure!
- finding a way to measure our Carbon footprint and how much the activities above have helped to reduce our impact (e.g. Carbon footprint of car journey to training camp = xx Co2, lift share = reduction of xxCo2 per extra passenger);
- suggesting other ways to achieve a Carbon Neutral event (e.g. planting trees...)

It is an exciting project that **YOU** will be able to shape. It's the first time we've formally run this type of scheme for an expedition.

If you have a passion for a specific focus area of the 7rs that's fine. Hopefully we'll have enough people to create task teams with shared interests.

For Scouts, Explorers and Network members, this project can count toward your Chief Scouts Award Gold, Platinum, Diamond or Queen Scout Award ICV activities. We will also register it, plus our hours with the [Scouts for the Sustainable Development Goals](#) initiative, aiming to deliver two million local projects linked to the SDGs, and to provide an additional three billion hours of service for them by 2030.

### **Have we got your interest?**

We need you as a Green Champion! To join the team, click on this link to the online form, submit it and we'll be in touch!

[Green Champions Registration Form](#)

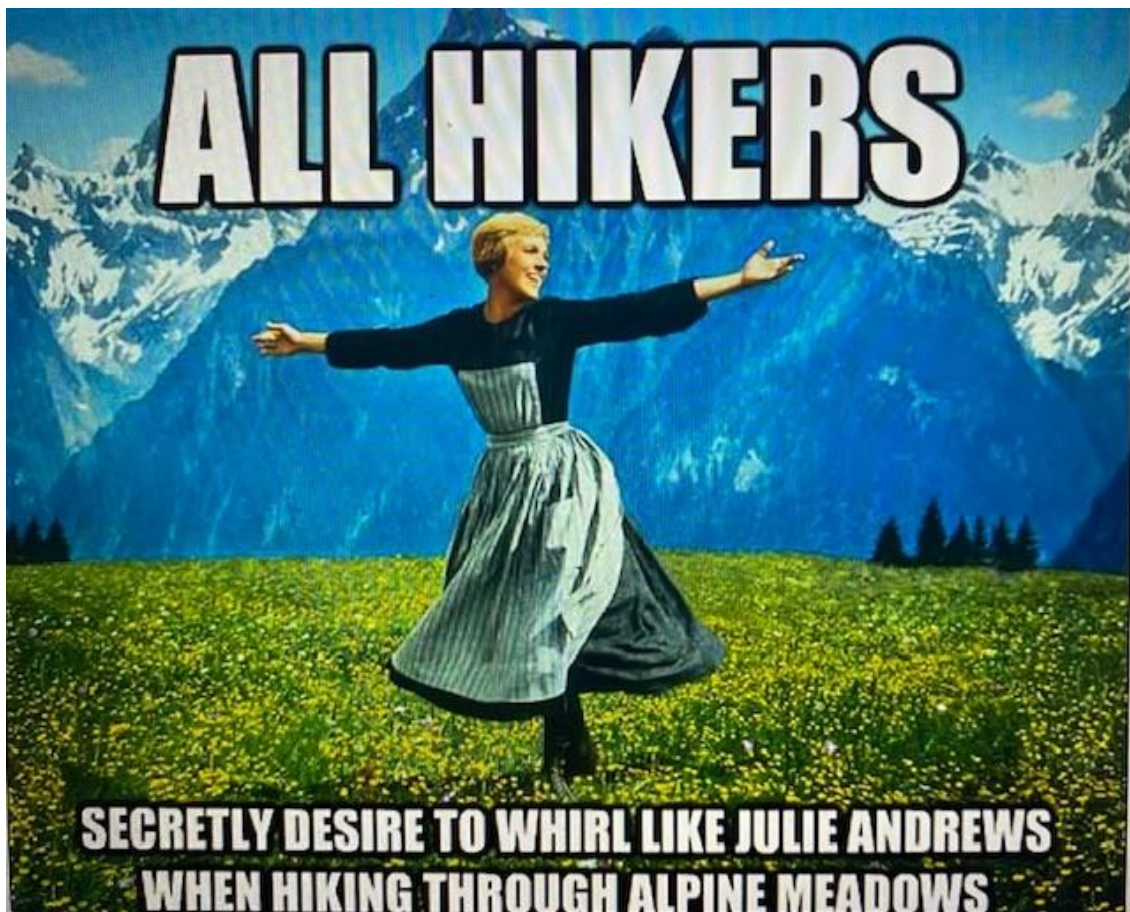




## Coming soon .....

We're currently in the process of finalising the kit list. We'll be sending you details very soon and in future newsletters our activity experts will be giving their top tips on what you should and should not wear for each of the activities.

And finally, never forget that .....



# Scouts



## Berkshire

<https://www.berkshirescouts.org.uk/international/alps-2022/>



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