

You will need balloons or plastic balls and a marker pen

- 1) Blow up a selection of balloons and with the marker pen write the names of a small number of activities on them, you could also use plastic balls instead of balloons.
- 2) Make sure you have more balloons than young people and ensure the same activities are on the balloons multiple times and some left blank.
- 3) The young people will then have a few minutes to search through the balloons for their favourite activities. When they find a balloon with an activity they like on it they pop it.
- 4) At the end of the game those activities which have been collected up will be the preferred activities. The blank ones are there to add to the fun of trying to find an activity they like. We'd also suggest using some activities that the young people definitely wont like such as cleaning the hut.