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| **Activity** | **Description** | **Preparation/**  **equipment** | **Some things to consider for your Risk Assessment** | **@home challenge element**  <https://www.berkshirescouts.org.uk/scoutshome/> | **Time** |
| Arrival | Welcome the Scouts and ensure they clean their hands. When the group has arrived, escort them to their activity area | Hand washing or sanitising area | Agree arrival plans with parents |  | 5 mins |
| Opening | Brief distanced Horseshoe Ceremony and demonstration of safe use of a Kelly kettle or ghillie kettle (eg: how to pour hot water from them safely, avoiding the hot gases coming out of the chimney). Pair the group off, two Scouts per kettle. | Demonstrate equipment available | Keep distanced |  | 10 mins |
| Tea and Twist preparation | Half the group do the preparation for the cooking:   * Wearing gardening gloves harvest about half a cup of nettle leaves * On a chopping board, slice up the nettle leaves and put them into a tea strainer (these are available very cheaply online). Fill two strainers, one per person * On leader instruction, cut green wood and trim the bark off one end. Clean equipment after doing this, before anyone else uses the saws, knives, loppers, etc. One twist-cooking stick per person |  |  |  | 25 mins |
| Lighting the kettle | In a different area, and separated by at least three meters, the other half of the group set up the kettles and fill them with water and light a fire in the base. Provide some dry paper or a home made firelighter (eg: cotton wool balls dipped in Vaseline). Use a fire steel to light the fire if you have them. Build a big fire in the kettle because you will need plenty embers to cook the twists over |  |  |  | 25 mins (in parallel) |
| Making the tea and cooking the twists | The other member of the pair joins the fire lighting Scout at the kettle. Both clean their hands again before any food preparation starts. Remind them that they both need to be at least a metre away from the kettle in the middle. When the water has boiled the fire lighting Scout pours water into two mugs – each of which has a tea strainer in. Each then removes their own tea strainer when the tea is strong enough. They each fetch a ball of pre-made twist dough from the central area and with their own twist stick cooks their dough over the embers.  (Dough recipe: self raising flour, cocoa powder, caster sugar, small marshmallow pieces and small fruit / choc chip pieces, eg: Whitworths mix’n’bake Dark Choc Cherry) |  |  |  | 40 minutes |
| Clearing up |  |  |  |  | 10 mins |
| Closing | Quick reflection discussion: What other things would they like to cook on the Kelly kettles? Could we improve our social distancing in future cooking meetings? Escort Scouts back to pick up point |  | Risk: Mixing with other groups… ensure no lift sharing between groups. Ensure all groups finish their sessions on time |  | 5 mins |

**Covid Safety is maintained by:**

* Scouts reminded of the rules at the start of the activity
* This activity group must keep completely separate from any other groups on site
* Each Scout works separately on the activities
* Each Scout has their own set of equipment
* Hand washing is in place at the start and before and after the cooking
* Leaders encouraged to coach from a distance and not intervene directly in the completion of the task

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