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| **Activity** | **Description** | **Preparation/ equipment** | **Some ideas to help with your risk assessment** | **@home challenge award section** <https://www.berkshirescouts.org.uk/cubshome/> | **Time** |
| Arrival | Welcome the Explorers as they arrive at the meeting. All to use hand sanitiser upon arrival. Remind Explorers of distancing rules. | Hand sanitiser.  | Agree arrival plans with /explorers or parentsThink about how you will supervise the Explorers on arrival |  | 5 mins |
| Opening | Your usual welcome ceremony if appropriate, but maintain wide spacing. | none | Maintain 2m spacing, dispense with flag and saluting? |  | 5 mins |
| GAME:Foot or Frisbee Golf | Footgolf is a mix between football and golf. Players kick a football into a container or box (the hole) in as few shots as possible.Like golf, there could be bunkers, trees, water, hills and other obstacles between the start and the hole. You could even create your own score cards.You could also use a Frisbee to play Frisbee golf  | Football/Frisbee for each Explorer | If the ball goes astray, kick it back to the course rather than touching it with your handsyou’ll need enough Frisbees for everyone (unless people are really patient and clean the Frisbees thoroughly between each person’s turn). |  | 10 mins |
| ACTIVITY:Testing fire lighters | <https://www.scouts.org.uk/activities/fire-builders/>Get the explorers to test out different types of fire lighters to see which one works the best. This activity works well as a two base session, with half of the Explorers testing the firelighters and the other half doing a bit of camp cooking (see below). They can swap round half way through. | See link | Explorers should work on their own, a safe distance apart. Give each Explorer the materials they will need in a plastic bag | Learn a new skill | 15- 20 mins |
| ACTIVITY:Camp fire cooking | Each Explorer should light their own fire, then cook themselves a feastHow about these:<https://www.scouts.org.uk/activities/barbecued-banana-boats/><https://www.scouts.org.uk/activities/campfire-chocolate-oranges/><https://www.scouts.org.uk/activities/damper-snakes/><https://www.scouts.org.uk/activities/sausage-smash/> | See linksWoodMatches | Consider usual safety aspects of working with fire – buckets of water, etc.One Explorer per workstation/fireExplorers should bring their own food and utensils | Learn a new skill | 15- 20 mins |
| GAME: Step forward, step back | A fun game where social distancing is easy!<https://www.scouts.org.uk/activities/step-forward-step-back/> | A rope of something to divide the paying area in two | Keep 2m apart |  | 10 mins |
| Closing | Your usual closing ceremony if appropriate adapted for distancing. Ensure all hand sanitise before leaving the meeting area. | Hand sanitiser. | Dispense with flag down. Think about how you will supervise Explorers at departure. |  | 2 mins |

Berkshire Scouts/SP/ July 2020