

# 15 Module Challenging Behaviour

**Relevant to:**  
Section Leaders  
Assistant Leaders  
Section Supporters  
Section Assistants

## Description

Preventing and managing challenging behaviour in the Section.

## This means:

- being able to identify challenging behaviour
- knowing the causes of challenging behaviour of young people
- using methods of prevention and management of challenging behaviour in the Section.

## Questions

- Do you know the causes of challenging behaviour amongst young people?
- Do you know how to prevent or avoid incidents of challenging behaviour?
- Do you know how to deal with challenging behaviour should it occur in your Section?

## Delivery methods

- Course
- Small group.

## To validate this module you will need to complete two of the following:

- 1 Develop and implement a Section Code of Conduct with the young people with whom you work.
- 2 Demonstrate how acceptable standards of behaviour may be agreed with both young people and the adult leadership team. (OCN Unit H 2.3)
- 3 Identify actions that could be taken to reduce those triggers/causes of challenging behaviour which are within your control. (OCN Unit H 2.2)
- 4 If applicable, explain how they have dealt with challenging behaviour successfully and appropriately in the past.
- 5 Identify sources of additional help and support in dealing with challenging behaviour. (OCN Unit H 2.4)
- 6 Plan and run a game or activity with your Section members to explore acceptable and unacceptable behaviour.
- 7 Any other ideas, subject to agreement with a Training Adviser.

### **And:**

Discuss with a Training Adviser the types, causes and triggers of challenging behaviour. Consider appropriate action in different situations, (OCN Unit H 2.1)

## Open College Network

This module forms part of the OCN unit *Young People Today*.